

'Intent, Implementation

Citizens: PSHE & RHSE & RE 2023-2024

Intent

I am a citizen. I am continually finding out who I am in this world, finding my own pathways and ideas. I understand relationships. I know that these are connections with others and know that these can change with different people and different contexts, including online, families and friendships. I know what healthy, positive and respectful relationship look like. My relationships with others are important and I develop the skills to know which ones are supportive and ones that are unsafe or unhelpful to me. I learn about how I change as I get older, on the inside and the outside, ready to become an adult. I am able to identify body parts and know how living things reproduce. I experience different feelings and emotions and learn to identify what these are with the help of others around me. I know how to look after my physical health and wellbeing. I know the benefits of exercise, good nutrition, hygiene and sleep and know where to find support if I am feeling worried about something. I develop my understanding that I am one person amongst different communities – virtual and real. I learn that I have rights but also responsibilities and know there are consequences to my actions, both to myself and to others. I develop my individual and collective voice and use it democratically. I learn how to stay safe in the real world and online, and how to keep healthy, both physically and mentally.

At Herons' Moor we believe that citizenship is the foundation of children understanding the world around them and finding their place within it. We are a values-based school and our values work alongside the CLF Citizenship curriculum to promote children who are happy, safe and successful. Our children should feel a sense of belonging throughout our school and have a clear understanding of what it means to be a Herons' Moor Citizen. They should enjoy sharing their thoughts, views and opinions and feel confident to make mistakes. It is our hope that children will be able to use their feelings of safety and security to develop their sense of place within their communities and within the wider world. Our values are the heart of Herons' Moor and are integral to everything we do, from the language we use to the routines, rules and systems we have in place. Herons' Moor citizens will have good morals and try to inspire and promote our values within school and the wider world. Our aim is for children to eventually leave Herons' Moor as kind, respectful, patient and honest members of society who believe in themselves and are ready to embrace their bright futures.

Implementation

1. Planning

- 1.1 The school follow the CLF 3-19 curriculum, 'I am a Citizen'.
- 1.2 Each class teaches a unit termly and all classes deliver the same unit in the same term, with some exceptions. The units are delivered throughout the school in this order for PSHE/RHSE: Relationship Education, Online Safety, Mental Wellbeing, Physical Health, Sex Education. The units are delivered in this order for RE: Special books and people, Celebrations and

festivals, Creation, Incarnation and resurrection, Moral and ethics laws belief (belief into action) and Pilgrimages, journeys and places.

- 1.3 As a values-based school, class teachers also have the option to teach a discrete lesson based on each value of the month in addition to the CLF 3-19 curriculum, 'I am a Citizen'.

2. Whole Class teaching

- 2.1 The whole school expectation of PSHE, RHSE and RE is that each unit is covered in line with the whole school overview of units (with some exceptions). Teachers can deliver lessons on a weekly basis or alternatively in a block. This is left to teacher judgement and is monitored termly to ensure content is being covered.
- 2.2 Teachers should appropriately plan their own lessons based on the CLF, 'I am a Citizen' curriculum objectives. Teachers should ensure all lessons meet the needs of all children.
- 2.3 PSHE, RHSE and RE lessons are encouraged to be planned to be collaborative, practical and discussion based where possible. This is to enable all children to access the learning and support all children in having their voice heard, as well as developing their oracy, self-esteem and confidence.