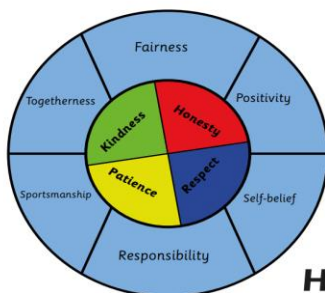




# Child Friendly Anti-bullying Policy

Date Policy Adopted: Feb 2024

Date for review: Feb 2025



***I am kind.  
I am respectful.  
I am patient.  
I am honest.***

***I am a  
Heron's' Moor Citizen***

---

Everyone at Herons' Moor Academy takes bullying seriously; we want all our

children to feel safe and happy when they are at school.

Sometimes adults don't know if something bad is happening, so you need to tell us. This policy looks at bullying and what you can do when you feel you are being bullied, or when you notice someone else being bullied.

### What is bullying?

It is any action which makes a young person feel uncomfortable, scared, hurt, upset or threatened or angry. Bullying is when it keeps on happening, it's on purpose and is meant to upset someone. It is often aimed at certain groups, e.g. because of race, religion, gender or sexual orientation



### Types of bullying:

Bullying can include hurting someone's feelings or leaving them out. It could be physical such as punching or kicking, or it could be simply name calling or unkind text or Whatsapp messages.



### What to do if you are being bullied:

## DO:

- Ask them to STOP.
  - Ignore them.
  - Find a member of staff.
  - Walk away.
  - Use a worry box to tell the teacher.
  - Talk to a friend or a parent.
- TELL SOMEONE!**



## DON'T:

- Do what the bully says.
- Get angry or upset.
- Think that it's your fault.
- Hide the problem.

Always remember it is **not your fault** and you are **never alone**.

## What should I do if I see someone else being bullied?

Tell an adult straight away. Don't stay silent or the bullying will keep on happening.

## Who can I talk to?

It is important you tell someone if you are being bullied, or you notice someone else being bullied. Speaking to someone like your mum, dad, carer, or an adult who works at the school will mean that we can make sure the bullying stops and doesn't happen again.



## **How bullying is dealt with at Herons' Moor Academy**

If bullying is reported or suspected, it will be dealt with immediately by a member of staff. Anyone involved will be spoken to and an account of the incident will be taken.

This may involve talking about the behaviour, what happened, and why it is wrong. A consequence will be given for any repetition of the same behaviour.