



## Overview of being an Athlete HERONS' MOOR ACADEMY 2024-25

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
YEAR 1	Real PE – Personal Football	Real PE – Social Hockey	Real PE – Cognitive Gymnastics	Real PE – Creative Dance	Real PE – Physical Athletics (Sports Day Practice)	Real PE – Health & Fitness Rounders & Cricket
YEAR 2	Real PE – Personal Netball	Real PE – Social Tag Rugby	Real PE – Cognitive Gymnastics	Real PE – Creative Dance	Real PE – Physical Athletics (Sports Day Practice)	Real PE – Health & Fitness Rounders & Cricket
YEAR 3	Netball Football	Hockey Tag Rugby	Gymnastics Tennis	Dance Badminton	Athletics (Sports Day Practice) Athletics	Cricket Rounders
YEAR 4	Netball (4H Swimming) Football	Hockey (4H Swimming) Tag Rugby	Gymnastics (4M Swimming) Tennis	Dance (4M Swimming) Badminton	Athletics (Sports Day Practice) Athletics	Cricket Rounders
YEAR 5	Netball Football	Hockey Tag Rugby	Gymnastics Tennis	Dance Badminton	Athletics (Sports Day Practice) Athletics	Cricket Rounders
YEAR 6	Netball Football	Hockey Tag Rugby	Gymnastics Tennis	Dance Badminton	Athletics (Sports Day Practice) Athletics	Cricket Rounders